

# Benefits after incarceration: What you need to know

Individuals released from incarceration may be eligible for **Social Security retirement, survivors, or disability benefits** if you have worked or paid into Social Security enough years or **Supplemental Security Income benefits** if you are 65 or older, or are blind, or have a disability and have little or no income and resources.

The Social Security Administration website has a page to help you transition from incarceration back into the community. [Click here](#) to see their information.

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